

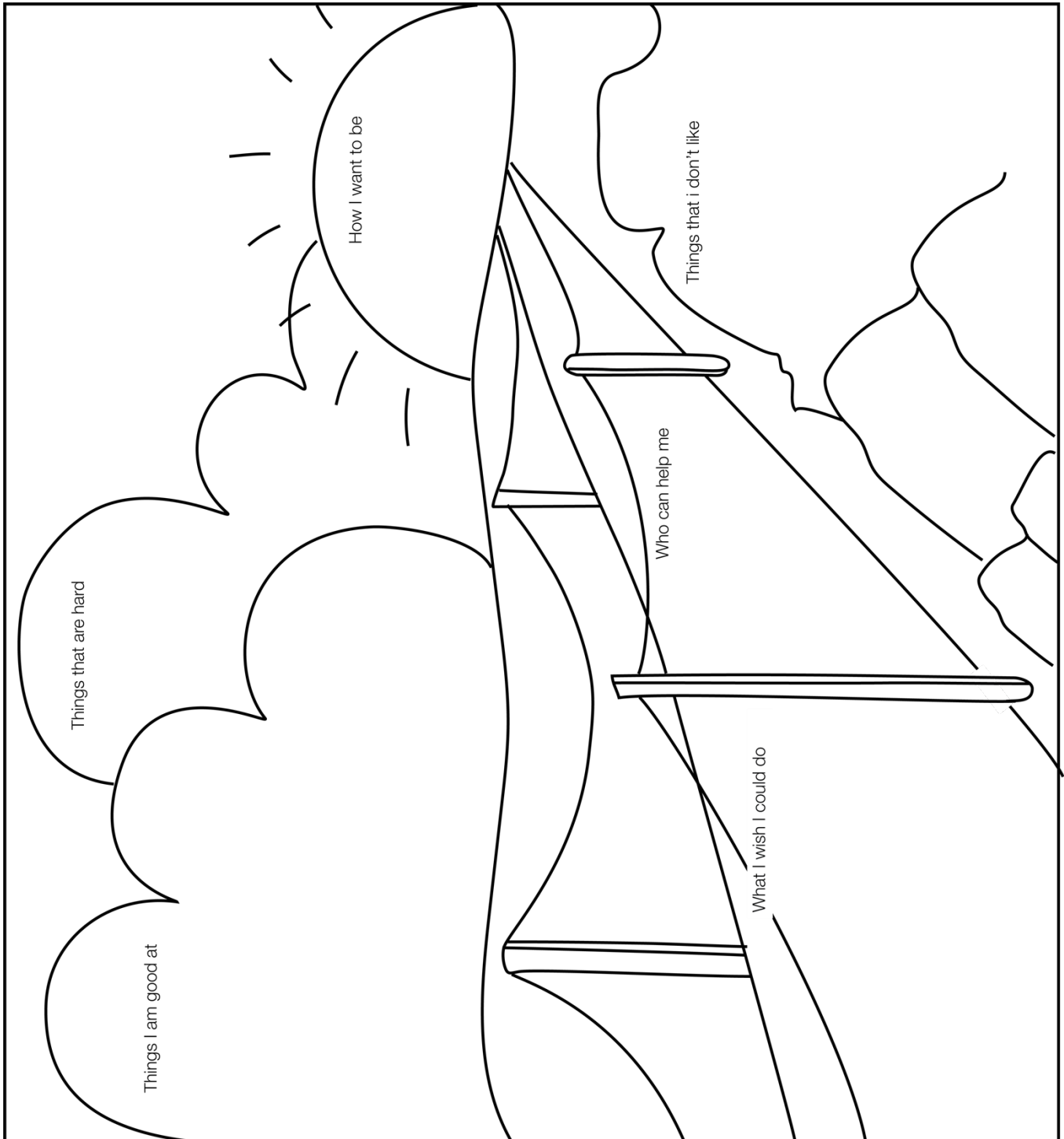
The Wellness Vision Map

Name: _____

Date of birth _____

Date completed _____

Please fill in the map with your answers in the sections below. This information will help the Wellness team get to know you.



The map is a large, hand-drawn outline of a person's head and shoulders, facing right. It is divided into several sections by lines, each containing a question. The sections are:

- How I want to be**: Located in the upper left quadrant, near the forehead.
- Things that i don't like**: Located in the upper right quadrant, near the ear.
- Who can help me**: Located in the middle right quadrant, near the neck.
- What I wish I could do**: Located in the lower right quadrant, near the shoulder.
- Things that are hard**: Located on the left side, near the cheek.
- Things I am good at**: Located on the left side, near the chin.